Victoria Fellowship Church International & Interdenominational Bible Study Worksheet – February 06, 2022 Theme: The Beatitudes Topic: Blessed are The Meek Main Texts: Numbers 12:1-16; Matthew 5:1- 5 Key verse: Matthew 5:5 "Blessed are the meek, for they shall inherit the earth" (NKJV)

INTRODUCTION: For most modern-day people, the word meek conjures a picture of one who is easily imposed on; spineless; who is willing to go along with whatever others want to do. This is probably why meekness as a Christian virtue is confusing to the average Christian. But there is another side of the word meek. That is meek as in a person who is patient and mild, not inclined to anger or resentment, gentle, benevolent, or humble (Colins English dictionary). Meek describes someone who shows patient restraint. (Dictionary.com). The word *meek* from the original language was used to describe reining in a horse. It is the idea of a horse being controlled by a bit and bridle. The horse is choosing to submit to authority. That is meekness. It is power under constraint.

1. Considering all you know of Moses who was described by God as the meekest man on earth (Numbers 12:3) and Jesus Christ whom Apostle Paul described as meek (2 Corinthians 10:1): (a) How do they compare with the World's view of meekness as weakness, cowardice, or low self-esteem? (b) What are some qualities evident in Numbers 12:1-16, including Isaiah 53:7? (c) Why do you think meekness is not popular, even among believers today?

The story is told of a missionary who once asked some little boys, "Who are the meek?" A boy answered, "Those who give soft answers to rough questions." The Man who is meek has that inner strength that enables him to be gentle before men, even when provoked, enabling such a person to be temperate, self-controlled. It is more than mere human niceness. It's a virtue that draws courage, strength, conviction, and a good disposition from God. Such disposition enables us to endure hard times with patience, and this works into our personalities a spirit of kindness. According to one Bible commentator, meekness "flows from Christian humility and penitential sorrow. It is not only meekness in relation to God, but also meekness in relation to man. It is kindness to adversaries; Gentleness to foes; Submission for the sake of peace, on all occasions where principles are not required to be compromised, or the conscience violated; It is a principle of Christianity; and the existence of vital, solid religion in the heart."

2. (a). One Bible commentator said, "Meekness is acquiescence with God's ways; resignation to His will; and subjection of the mind and judgment to the revelation He has made of His character and grace." Do you agree/disagree? (b) Read Numbers 12:1-16; 2 Samuel 16:11-12; James 3:13; 1 Peter 2:21-23. What can we learn from Moses, David, and our Lord Jesus Christ on how to become meek (c) How do you think this can play out in our relationship with others – at home, work, Church?

Meekness is probably the least admired character quality in the world today. In business and in the workplace, it seems one gets only what one can negotiate rather than what one deserves. The pushy and assertive seem to be the ones who come out on top. The world tells us that it is the proud, the tough, and the aggressive who inherit the earth. Rather, our Lord Jesus Christ says that it is the meek—those who submit to God and trust Him to defend them – who will inherit the earth (Matthew 5:5). This promised earth is not a future reality. What is in the future is the promise of a new heaven and a new earth. (Revelation 21:1). So, in the promise of an inheritance of the earth, God is promising that even in a broken world, those who recognize their true strengths and weaknesses can find peace by living realistically. As P.C. Barker puts it, "The earth is to be inherited, and it is to be inherited by men whose conquest of it shall be, not by might, nor by power and pride, but by meekness!"

3. (a) Read Matthew 11:29; Psalm 37:11; Proverbs 3:34; Isaiah 29:19. What rewards of meekness can we find in these passages? (b) How did these promise of inheriting the earth play out in 1 Kings 21:27-28. (c). If you were to apply meekness in your context, what are some possible 'inheritances' you can expect? How would you use this to motivate you to a life of meekness?

Prayer: Our Father and our God, please help to produce meekness in us by the power of the Holy Spirit that we may live a life that is truly pleasing to You in Christ Jesus our Lord and Saviour Amen.